

# DIANE RELLER, MS, LMFT, LADC

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## EDUCATION

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| <b>MS</b> | Marriage & Family Therapy<br>St. Cloud State University   | December 2009 |
| <b>BS</b> | St. Cloud State University<br>Applied Psychology, Human Development<br>Certificate Chemical Dependency Counseling | March 1995    |

## EXPERIENCE

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| <b>Reller Family Consulting, LLC</b> , Buffalo, Minnesota  | 2017-Present |
| <b>Parenting Consultant, Custody/Parenting Plan Evaluator<br/>Mental Health/Substance Abuse/Family Systems/Child Development Consulting Expert</b>   |              |
| <ul style="list-style-type: none"><li>• Minnesota Rule 114 Qualified Neutral</li><li>• Evaluative mediator and child-inclusive neutral</li><li>• Assist parents in creating child-focused parenting plans.</li><li>• Advanced training in screening domestic and interpersonal violence, mental health and substance abuse</li><li>• Trauma-informed model of service delivery</li><li>• Forensic Substance Abuse Evaluator</li><li>• Parenting Consultant</li><li>• Consulting Expert (Subject Matter)</li><li>• Work product reviewer</li></ul>  |              |
| <b>Hennepin County Family Court Services</b> , Minneapolis, Minnesota  | 2017-2020    |
| <b>Custody Evaluator/Mediator</b>  |              |
| <ul style="list-style-type: none"><li>• Trauma-informed neutral</li><li>• Social Early Neutral Evaluator/Mediator</li><li>• Custody and Parenting Time Evaluator</li><li>• Brief Focused Assessments (BFA)</li><li>• Implemented a systemic format for Forensic Substance Use Evaluations alongside Park Avenue Treatment Center to increase the reliability of substance use evaluations in family court matters.</li><li>• Pilot Team Member – Development of Peer Led Mediation Quality Assurance Program</li><li>• Pilot Team Member - Domestic Violence Screening Inventory</li></ul> |              |
| <b>Right Direction Professional Services, LLC</b> , Buffalo, Minnesota   | 2017-2022    |
| <b>Substance Abuse Professional</b>  |              |
| <ul style="list-style-type: none"><li>• DOT Qualified Substance Abuse Professional</li><li>• Substance Abuse Evaluator for employees governed by DOT Federal Regulations</li><li>• Directed and Coordinated the Return-to-Duty process for employees violating the Federal Drug and Alcohol Testing Regulations (Rule 49, CFR Part 40)</li></ul>   |              |

- St. Cloud Hospital - Recovery Plus, St. Cloud, Minnesota** 2011-2016  
**Staff Psychotherapist**
- Clinical Mental Health/Substance Abuse Treatment Services - Licensed Professional
  - Clinical Assessment, Diagnosis and Treatment
  - Adults, Adolescents, Children – Individual, Couples and Families
  - Coordinator – Dialectical Behavior Program (DBT), Therapist and Skills Trainer
  - Research and Development: Engagement Group to increase client retention.
  - Research and Development: In-Reach Program designed to reduce the use of Emergency Room services for primary care.
  - Clinical Supervisor – Journey Home Women & Children’s Residential Program
- St. Cloud Hospital – Recovery Plus, St. Cloud, Minnesota** 2007-2011  
**Senior Counselor**
- Substance Abuse Counselor and Men’s Program Case Manager.
  - Individual and Group Therapy, Family Program Lead.
  - Intern Supervisor - St. Cloud State University Chemical Dependency Counselor Certificate Program.
  - Community Outreach – Substance Abuse Education and Awareness, community wellness speaking engagements.
- St. Cloud State University – St. Cloud, Minnesota** 2006-2007  
**Interim ADAPT Program Coordinator**
- Provided education, counseling and support to college students regarding substance use.
  - Acting liaison between University Public Safety, Administration and Community to address student behavior and campus culture.
  - Implemented the UChoose online alcohol education platform students.
  - Coordinated campus activities with a prevention focus to promote healthy decision-making.
  - Coordinated and Administered the University of Minnesota-Boynton Health College Student Health Survey (CSHS) campus-wide.
- Paynesville Area Schools, Paynesville, Minnesota** 2001-2005  
**Chemical Health Coordinator**
- Grant funded position through Safe & Drug Free Schools
  - Provided substance use education and support to the students, families and larger community.
  - Actively worked with students, parents, educators, first responders in the community to increase awareness surrounding the prevalence of high-risk behaviors and strategies through counseling, community events (mock-crash) and assisting community agencies in development of consistent messaging.
- Planned Sabbatical* 1997-2001
- Minnesota Correctional Facility, St. Cloud, Minnesota** 1995-1997  
**Corrections Program Therapist – 2**
- Chemical Dependency Case Manager providing counseling adult incarcerated males
  - Project lead of pilot of cognitive behavioral psycho-educational program designed to address thinking errors leading to criminogenic behavior

## PROFESSIONAL LICENSURE

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**Licensed Marriage & Family Therapist**, Minnesota Board of Marriage and Family Therapy.  
License No.: 2067 - Issued: 2009

**Licensed Alcohol & Drug Counselor**, Minnesota Board of Behavioral Health.  
License No.: 300163 - Issued: 1998

## PRESENTATIONS AND INVITED LECTURES

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“Making Sense of Substance Abuse Allegations,” Family Law Institute – Judicial Track, 2019.

## PROFESSIONAL TRAINING

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**40-Hour Family Mediation Training**, The Mediation Center, St. Paul, Minnesota. November 2017

**Trauma Informed Advocacy in Legal Systems Certificate**, Mitchell Hamline School of Law, St. Paul, Minnesota. December 2019

## PROFESSIONAL AFFILIATIONS

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American Association of Marriage and Family Therapy – Clinical Fellow	2017-Present
Association of Family and Conciliation Courts – Member	2017-Present
NAADAC – National Association of Addictions Professionals – Professional Member	2016-Present

## CONTINUING EDUCATION

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American Association for Marriage and Family Therapy – *Systemic Family Therapy Conference*:

- In the Child’s Best Interest: Systemic Approaches to Co-Parenting
- Reviving the Dying Art: Putting the Family Back in Family Therapy
- Tipping the Scales: System Interventions within the Justice System
- Supporting Military Families Impacted by Divorce: Never married and Stepfamily Dynamics
- Ethics and Court Procedures

Association of Family and Conciliation Courts 58<sup>th</sup> Annual Conference – *When a Child Rejects a Parent: Are we Part of the Problem or Solution*:

- Evaluation Basic Issues, Ethical Issues & Risk Management
- Trauma as a Potential Distractor or Illuminator in Exploring Resist-Refuse Dynamics
- Ten Things Every Family Law Professional Should Know About Child Sexual Abuse in Child Custody Matters
- How Professionals Contribute to the Problem or the Solution of Child Rejection
- Interviewing and Assessing Children in Family Law: Using the Literature.

Association of Family and Conciliation Courts - *Refuse and Resist Cases: Making the Case to the Court*.

Association of Family and Conciliation Courts – *Advanced Issues for Family Law and Dispute Resolution Professionals*

Association of Family and Conciliation Courts – *Parental Alienation and Misinformation Proliferation*

Association of Family and Conciliation Courts – *Rhetoric and Reason in Parental Alienation Discourse*

Association of Family and Conciliation Courts – *The Fundamentals of Parenting Coordination Training*

Association of Family and Conciliation Courts -*A Primer in Child Development for the Family Law Professional*

Association of Family and Conciliation Courts – *Claims and Counterclaims in Parental Alienation Research*

Association of Family and Conciliation Courts – *Allegations of Child Abuse During Child Custody Disputes*

AFCC-AAML Conference on Advanced Issues in Child Custody: Evaluation Litigation and Settlement – San Diego, CA:

- Parent-Child Contact Problems: How Do We Understand Them? What Can We Do About Them?
- Testing Parents or Patience: What are the Pros and Cons of Psychological Testing in Child Custody Evaluations?
- Allegations of Child Sexual Abuse During the Child Custody Evaluation; Now What?
- The Voice of the Child: Obtaining and Presenting Reliable Information from Children
- The Irresistible Force Meets the Immovable Object: Evolving Parenting Plans in Resist/Refuse Cases
- Ethical Issues and Challenges for Consultants and Expert Witnesses

Association of Family and Conciliation Courts -*13th Symposium on Child Custody, Denver, CO*

- Providing Effective Testimony in Litigated Child Custody Disputes
- Guidelines and Standards and Rules, Oh My! Implications for Parenting, Policy, and Practice
- Navigating Substance Abuse Allegations in Child Custody Cases
- Parenting Plans that Limit Toxic Stress
- The New Uniform Nonparent Custody and Visitation Act: What Lawyers, Judges, and Custody Evaluators Need to Know
- Guidelines for Addictive Behavior Evaluations in Child Custody Litigation
- Is Justice Truly Blind? The Impact of Bias on Child Custody Cases

Addiction Counselor – CE, August 2022

- Co-Occurring Disorder Strategies, Special Populations and Treatment Models
- Screening for Intimate Partner Violence, and abuse of Vulnerable Adults: An Evidence Review for the US Preventative Services Task Force
- Guidelines for Psychological Practice With Transgender and Gender Nonconforming People
- Cognitive Biases in Cannabis, Opioid, and Stimulant Disorders: A System Review
- Drugs of Abuse 2020
- Family Therapy in SUD, Approaches, Integration and Special Populations
- Legal & Ethical Issues for Mental Health Clinicians: Best Practice for Avoiding Litigation Complaints and Malpractice

- Ethical Aspects of Mental Health Care for lesbian, gay, bi-, pan, asexual & transgender people: An Integrated Literature Review
- Human Trafficking and Child Welfare
- Medical Use and Misuse of Psychoactive Prescription Medications Among US Youth and Young Adults
- Treating SUD in Older Adults: Treating Drug Use

Association of Family and Conciliation Courts (AFCC) 60<sup>th</sup> Annual Conference, Los Angeles, CA, *60 Years of Asking the Hard Questions (May 30-June 3, 2023)*

- Pre-Institute: Advanced Training in Parenting Plan Evaluations
- Rejecting Binary Resist-Refused Dynamics Models in Favor of an Evaluative Rubric
- Children’s Right to Participate: A New Conceptual and Practical Model
- Putting the Person into Focus: Understanding the Modern Divorcing Parent
- Keynote: Polarization in Intimate and Civil Life
- Systematically Addressing both the “In” and the “Out” Parents in Resist/Refuse Cases.
- Working with Neurodivergence and Reunification.
- Plenary Session: Asking the Difficult Questions
- Bringing out the Best in All of Us: A Coaching Mindset for High Conflict Cases

Our Family Wizard, *Substance Abuse and Co-Parenting: Critical Considerations for Family Law*. Online webinar, June 14, 2023

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